QEHS SIXTH FORM

SPORT STUDIES

AQA A Level

ABOUT THE COURSE

The broad nature of the course means that Sports Studies can be combined with a wide variety of disciplines at A Level.

The course will enable students to develop further personal skills such as problem solving, communication skills, independent research, report writing, statistical analysis and decision making. This combination of skills means that A Level Sports Studies is now recognised by the majority of universities for matriculation purposes.

A Level Sports Studies goes into significantly more detail around the biomechanics of movement, psychological aspects, skill acquisition and physiology of sport. It is advantageous to have studied GCSE Sports Studies but not compulsory.

Unit 1 – Theory Element is 70% of the overall mark and includes Factors affecting participation in physical activity and sport, Applied anatomy and physiology, Skill acquisition and Sport and Society.

Unit 2 - Practical Performance in physical activity and sport is 30% of the overall mark.

ENTRY REQUIREMENTS

QEHS Sixth Form Admissions Criteria: A minimum of **36 points** across the best GCSE grades

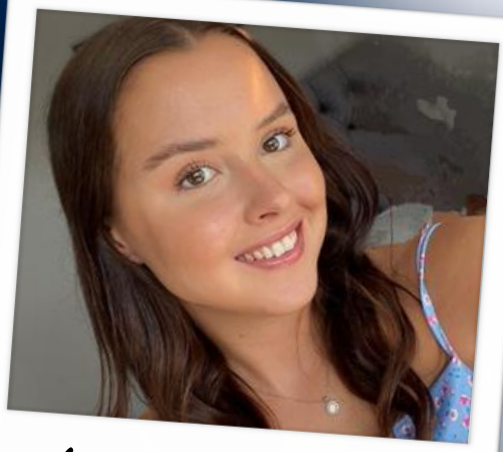
Subject Entry Requirement: Grade 6 or above in GCSE Sport. Grade 6 in Science is recommended.

CAREERS

With the move towards greater leisure time, there are many opportunities in the sports science industry. A Level Sport Studies course structure provides a sound academic basis, relevant for a variety of post-18 pathways.

QEHS
SIXTH FORM

Alumni Spotlight



Lauren Vaughan

A former QEHS student's experience

A levels at QEHS Sixth Form was the best decision and enabled me to go on to study at my first choice University. My teachers were all really supportive during A levels, they worked so hard on my behalf and always gave that bit extra to help me get the grades I needed to be successful

Studied at QEHS: 2015 - 2022

Subjects: Sport Studies, Psychology and Biology

Next steps: Northumbria University

BSc Hons Sport and Exercise Science